



Laloo's As Seen on

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[Why Kate Hudson and I Love Laloo's Ice Cream](#)



inset: Carlos Diaz/INF

For me, summer means eating as much ice cream as I can, but there is that pesky issue of calorie counting. So, when I stumbled across naturally low-fat Laloo's Goat's Milk ice cream, I had to try it! I am now hooked on their Molasses Tipsycake (whole chunks of oatmeal raisin cookies, what's not to like?), but it turns out that I'm not the only fan of the artisanal brand — Jim Carrey, Al Gore and Kim Basinger are addicted too. And they have now new frozen yogurts flavors, with even fewer calories and all the same taste! Kate Hudson's favorite flavor is the sweetly named [Brownie & Clyde](#) — and I can say that I now heartily trust Kate's taste in frozen treats, it's delicious! Get a pint for yourself at Whole Foods stores or at goatmilkicecream.com, \$8 a pint.

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