

140 Money-Saving Tips & Recipes!

Good Housekeeping's

quick & simple

Bargain Buy!

April 8, 2008 Weekly

INSTANT WIN!
\$27,713
in Coupons
& Prizes!

Alison Sweeney
Lost 30 L
& 3 Dress
Sizes!

Fun New Ways to Walk Off Weight!

No-Stress Spring Cleaning!

Delta Burke's Feisty Fight for Happiness

The Secrets Health Pros Tell Their Friends

EXCLUSIVE! Host Alison Sweeney Insider Diet Tips From

THE BIGGEST LOSER



Easy, Dreamy Ice Cream Cake!

0 74470 08670 3
\$1.79

quick
& simple

Contests!



Your Special Celebrity Moment

Tell us about the time that you felt like a star — and win an HDTV!

What to Do Dressed up for an important date? Glammed out for a stage performance? In the spotlight to give a great speech? Share your fun all-eyes-on-you anecdote and why it felt fantastic — in 300 words or less. To be eligible, you must include your name, complete address, telephone number, e-mail address (optional) and a good-quality photo of yourself in your entry.

What You Can Win The Grand Prize winner will receive a N3735w ViewSonic 37-inch LCD HDTV (ViewSonic.com). Total approximate retail value: \$1,000.

How to Enter Go to quickandsimple.com/win or mail your entry to Quick & Simple, Felt Like a Star Contest, 1700 Broadway, 30th Floor, New York, NY 10019.

Due Date All entries must be received by April 14, 2008.

THIS WEEK
\$27,713
in coupons
& prizes

FOR MORE CONTEST AND SWEEPSTAKES DETAILS, TURN TO PAGE 46.

Spring Break Sweeps

INSTANT
WIN!

KNOW NOW! Find out instantly if you're a daily sweepstake winner at quickandsimple.com/

Sunday,
April 6



A Jeep Easy Travel Playard — for an on-the-go baby — from Jeep Consumer Products

\$120 EACH

7 PRIZES
CODE WORD: **PACK**

Monday,
April 7



Olay Complete Defense with SPF 30 from SkinCancerTakesFriends.org

\$13 EACH

100 PRIZES
CODE WORD: **BLOCK**

Tuesday,
April 8



A gift card to get your car ready for the road from JiffyLube.com

\$100 EACH

8 PRIZES
CODE WORD: **DRIVE**

Wednesday,
April 9



A goat-milk ice cream gift basket full of fun flavors and more from GoatMilkIceCream.com

\$150 EACH

6 PRIZES
CODE WORD: **ENJOY**

Thursday,
April 10



An airplane Cabin Cuddler from CabinCuddler.com and a personal airline seat sheet from PlaneSheets.com

\$60 EACH

15 PRIZES
CODE WORD: **FLY**

SPRING FEVER! Enter our Spring Break Sweepstakes daily to be eligible to win that day's prize. Entering on any day makes you eligible for this week's one Grand Prize.
HOW TO ENTER: Log on to quickandsimple.com/win and enter that day's code word. **DAILY DEADLINES:** Entries must be received by midnight (Eastern Time) each day.
Entries are limited to one per person per day. **WINNERS:** All winners, except the Grand Prize winner, will be notified instantly on-screen after entering. The Grand Prize